



N.Y. Giants defensive tackle Barry Cofield speaks to students at Oakwood Avenue School about making healthy choices in their diet. The player made the visit after the students had won a statewide contest which gauged increases in the participation rate in the school-lunch program.

## Football player visits Oakwood classrooms

In March, N.J. schools were challenged by the American Dairy Association and Dairy Council and the NFL to eat healthy by participating in the school meals program and by getting more calcium-rich dairy products in their diet.

Oakwood Avenue Elementary School in Orange had the highest increase in school lunch participation, and as a result, earned an appearance by NFL player Barry Cofield, a defensive tackle for the New York Giants. Cofield appeared at the school on April 19 and spoke to them in their classrooms about the benefits of healthy eating. The player spent about an hour in the school.

In addition, the students were rewarded with a schoolwide pizza party for their success.

The American Dairy Association and Dairy Council and the NFL co-sponsor the Fuel Up to Play 60 program to promote nutrition education and increased physical fitness to students as a way of preventing growing rates of childhood obesity.