

A summer of content for youths and adults

Many enjoyed sun-filled days of summer events. Bell Stadium was the site of Orange Board of Education's TRYMathalon as students participated in competitions which focused on problem solving.

It was an effort to promote and develop interest in math and the sciences through innovative and engaging activities that captured student interests and imagination.

Careers in engineering, product innovation and inventions are key to future leadership in the global marketplace. Nearby NJIT and Stevens Institute are turning out stellar graduates in these fields.

• Locals gathered under the tents at the sun-soaked event celebrating the diverse eating experiences available in the city of Orange.

Attendees were able to choose from Caribbean, Chinese, Italian and even tasty fish sandwiches at

Living Your Best Life

By Shirley Hendricks



Monte Irvin Orange Park. Popular entertainers performed their noted favorites to the delight of the audience — young and old.

This one-day activity was a small example of the fine dining and live entertainment that continues to attract patrons from near and far to a multi-ethnic experience year round.

• National Night Out was a wondrous experience for the youngsters. The Orange Police Department pulled out all the stops to transform police headquarters

plaza into a fun-filled fair.

A miniature train ride, bouncy house, balloon man, face painters, hot dogs, burgers, door prizes were available. Even Spongebob Squarepants was on hand to greet and take photos with the children.

Fostering a positive relationship between the police and youths is an ongoing endeavor. Officers devote much of their time throughout the year educating and relating to elementary and high school students, letting them know the police are the friends who protect and help them.

A hearty thank-you to Director John Rappaport and his staff; who worked to set up, direct, then break down and clear the site. All of them worked above and beyond the call of duty. Bravo, well done and greatly appreciated.

• Speaking of young people, another city entity is involved in focusing on them, in the form of

scholarships. Students in the Orange Housing Authority will benefit from a golf fundraiser Sept 19 at the Rock Spring Club in West Orange.

A continental breakfast will precede the play, which culminates with a cocktail reception, prizes and silent auction during an awards program at 3:30 p.m.

Proceeds will help students who attend four-year colleges or vocational institutions. Registration fees are tax-deductible. Call 973-677-4577 for additional information.

This summer has been a gathering at our local parks to fellowship and celebrate, supporting and participating in programs for our youth and frequenting our town's restaurants and businesses, all a part of living our best lives.

Shirley Hendricks is an Orange resident.